



# 4-H HEAD OFFICE GUIDE 2012

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## **West Virginia Facts**

**This year we  
will learn  
about  
Needs and  
Wants**

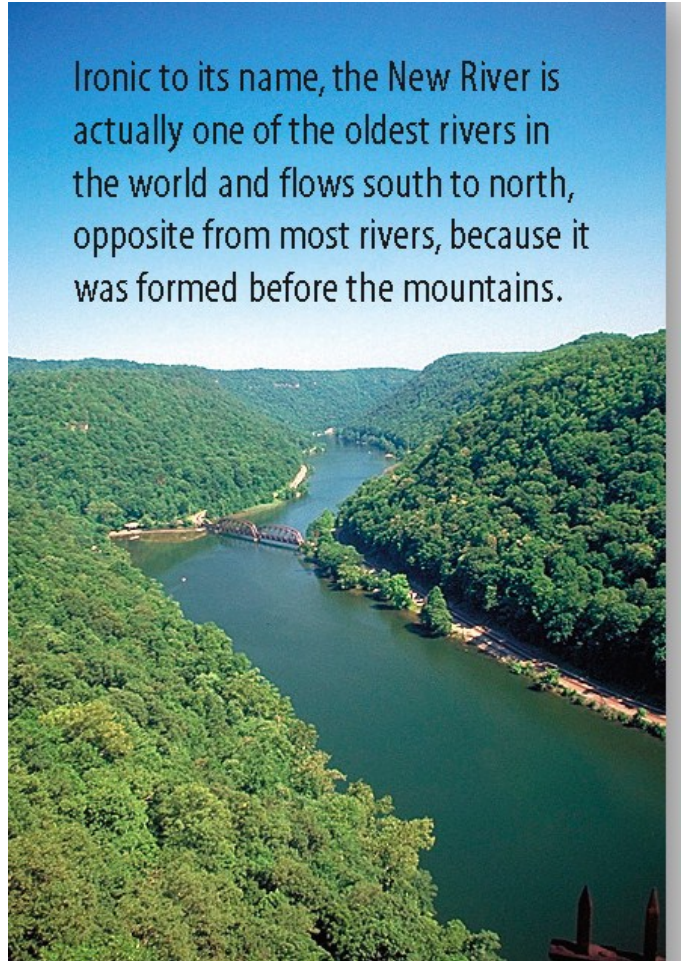
### **3-Steps of Learning**

**Question?**

**Discussion:**

**Debrief:**

Ironic to its name, the New River is actually one of the oldest rivers in the world and flows south to north, opposite from most rivers, because it was formed before the mountains.



***“I Pledge my Head to Clearer Thinking.”***

# 1. 4-H HEAD OFFICE

## Question?

What three things do most people want?

## Discussion:

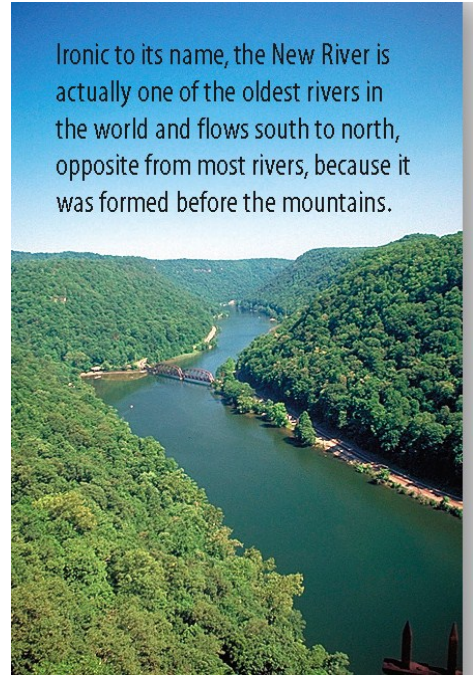
Ask club members to discuss what they want.

## Debrief:

Each of you were correct, however most people want: To be included, Appreciated and have control.

### West Virginia Fact

Ironic to its name, the New River is actually one of the oldest rivers in the world and flows south to north, opposite from most rivers, because it was formed before the mountains.



# 2. 4-H HEAD OFFICE

Quickly review #1

## Question?

What are ways we can include everyone in our 4-H Club?

## Discussion:

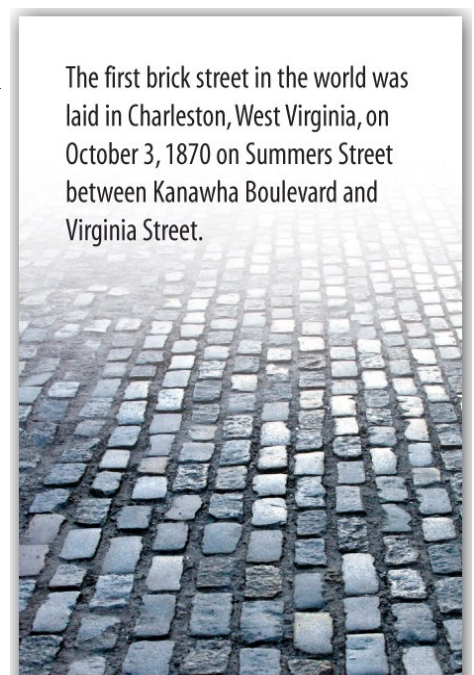
Ask club members what they can do to help everyone feel included in your club.

## Debrief:

Let's all work to make everyone feel welcome and part of our 4-H Club.

### West Virginia Fact

The first brick street in the world was laid in Charleston, West Virginia, on October 3, 1870 on Summers Street between Kanawha Boulevard and Virginia Street.



3.



# 4-H HEAD OFFICE

Quickly review #1 & #2

## Question?

What are ways we can show appreciation in our 4-H Club?

## Discussion:

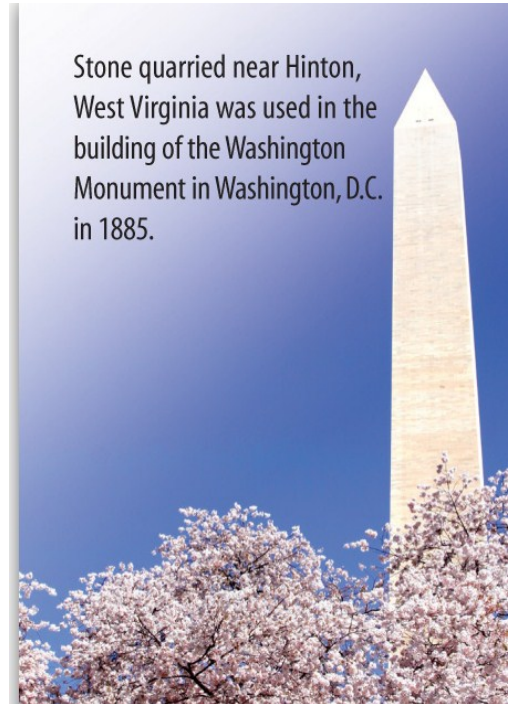
Ask club members what they can do to demonstrate they care and appreciate people in your club.

## Debrief:

Let's all work to make everyone feel included and appreciated in our 4-H Club.

## West Virginia Fact

Stone quarried near Hinton, West Virginia was used in the building of the Washington Monument in Washington, D.C. in 1885.



4.



# 4-H HEAD OFFICE

Quickly review #1- #3

## Question?

What are ways we try to control our 4-H Club?

*Control meaning having power over, influence over, or getting your way.*

## Discussion:

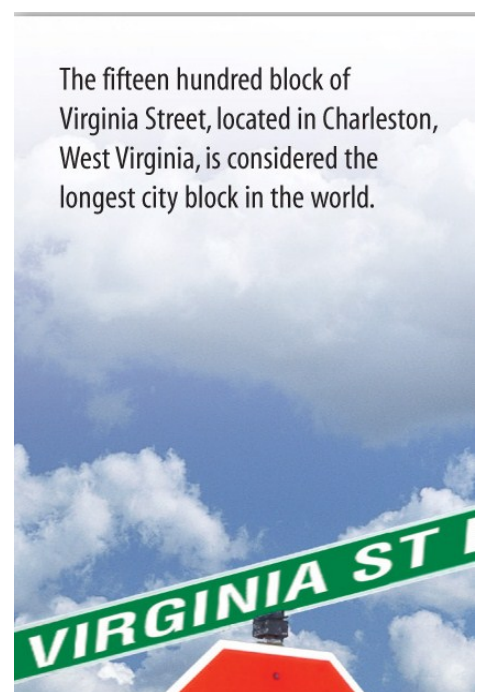
Ask club members what they can do to demonstrate shared power and control in your club.

## Debrief:

Let's all work to make everyone feel included, appreciated and valued in our 4-H Club.

## West Virginia Fact

The fifteen hundred block of Virginia Street, located in Charleston, West Virginia, is considered the longest city block in the world.



5.



# 4-H HEAD OFFICE

## Question?

What four things do 4-H members need?

## Discussion:

Ask club members what they need.

## Debrief:

4-H members need a sense of belonging, self-determination, opportunity to practice generosity, and mastery.

### West Virginia Fact

In 1948, Chuck Yeager of Hamlin, West Virginia became the first human to travel faster than the speed of sound. His record would later fall to another state native, Frank Everest of Marion County.



6.



# 4-H HEAD OFFICE

Quickly review #5

## Question?

What are ways we can help others have a sense of belonging?

## Discussion:

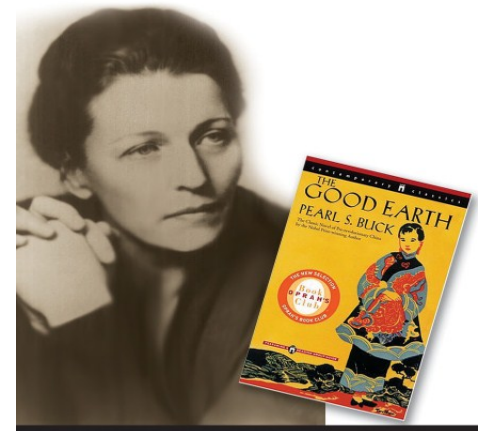
Ask club members what they can do to help everyone have a sense of belonging to your club.

## Debrief:

Let's all work to make everyone feel they belong to your club.

### West Virginia Fact

Pearl S. Buck, Nobel and Pulitzer Prize winning author, was born in 1892, in Hillsboro, West Virginia.



7.



# 4-H HEAD OFFICE

Quickly review #5 & #6

## Question?

What are ways your members can decide what they want for your 4-H Club?  
(self-determine)

## Discussion:

Ask club members what they would like to change about your club.

## Debrief:

4-H belongs to the members...kids decide.

## West Virginia Fact

West Virginia is within overnight trucking distance of more than 60% of the United States population and more than a third of the Canadian population.



8.



# 4-H HEAD OFFICE

Quickly review #5-#7

## Question?

What are ways we can practice generosity in our 4-H Club?

## Discussion:

Ask club members what they can do to serve and learn about being generous.

## Debrief:

Let's all work to find opportunities for our club to experience generosity

## West Virginia Fact

Mother's Day was originated in Grafton, West Virginia on May 10, 1908 by M. Anna Jarvis. In 1914, President Woodrow Wilson proclaimed Mother's Day as a national holiday to be celebrated on the second Sunday in May.



9.



# 4-H HEAD OFFICE

Quickly review #5-# 8

## Question?

What are ways we can show mastery in our 4-H Club?

## Discussion:

Ask club members how they can show what they have learned in your club.

## Debrief:

Let's all work to celebrate what we have learned in our 4-H Club.

## West Virginia Fact

On June 20, 1863, West Virginia became the 35th state in the union, the only state born out of the cauldron of the Civil War and formed as a result of a Presidential Proclamation.



10.



# 4-H HEAD OFFICE

## Question?

What does “Make, the Best Better really mean?

## Discussion:

Discuss what the 4-H Motto really means.

## Debrief:

A 4-H member always does their best. They try a second time to Make their best even Better.

## West Virginia Fact

Marian McQuade, of Oak Hill, founded Grandparents Day in 1973, now a national holiday. Nearly all 49 states fell in line behind West Virginia in designating Grandparents Day a state holiday.

